

MYSTIC

CARIBBEAN RESTO & BAR

FOOD MENU

FOOD · COCKTAILS · VIBES

Trinidadian street eats and bold Guyanese-Chinese favourites, served with the warmth, colour and rhythm of the islands.

GUYANESE CHINESE · TRINI CUISINE

MYSTICRESTOBAR.COM

50 KENNEDY RD S, UNIT 59B · BRAMPTON, ON L6W 3R7

@MYSTICRESTOBAR

APPETIZERS

PEPPER SHRIMP 🌶️

20.95

Succulent shrimp infused with a spicy kick of pepper.

HONEY GARLIC WINGS

18.50

Sweet and savory wings smothered in a rich honey garlic sauce.

APPETIZER PLATTER

28.95

Chicken Wontons, Shrimp Wontons, Vegetable Spring Rolls, Chicken Wings, Shrimp Rolls, Breaded Shrimp.

BBQ DUCK (WHOLE)

50.00

Whole BBQ duck, chopped into pieces and topped with scallions.

BREADED SHRIMP (13PCS)

18.99

Crispy shrimp bites served in a generous portion of 13 pieces.

DEEP FRIED WINGS

17.95

Crispy fried wings, perfect for snacking.

DEEP FRIED CREAM CHEESE & CRAB WONTONS

16.50

Crisp wontons filled with a rich cream cheese and crab mixture.

SHRIMP ROLLS (2PCS)

7.50

Succulent shrimp in a crispy roll, served in pairs.

BBQ DUCK (HALF)

28.75

Tender duck smothered in a sweet and tangy BBQ sauce.

VEGETABLE SPRING ROLLS (3PCS)

6.75

Crisp rolls filled with a mix of vegetables.

MYSTIC'S HOT WINGS 🌶️

18.50

Spicy Caribbean-style chicken wings.

HOT & SPICY WINGS 🌶️

18.50

Spicy chicken wings that will ignite your taste buds.

DEEP FRIED CHICKEN WONTONS

15.50

Crispy wontons filled with tender chicken.

PEPPER FRIES 🌶️

12.99

Crunchy fries seasoned with a kick of pepper.

FRENCH FRIES

10.50

Crispy, golden sticks served hot.

PEPPER CHICKEN 🌶️

18.50

Spicy chicken dish with a peppery kick.

DEEP FRIED SHRIMP WONTONS

16.50

Crispy wontons filled with shrimp, served as a delicious appetizer.

BBQ WINGS

18.50

Tender wings smothered in a rich BBQ sauce.

PEPPER BASA FISH 🌶️

18.95

Flaky basa fish infused with a hint of pepper.

PEPPER SQUID 🌶️

21.95

Succulent squid rings infused with a hint of pepper.

PEPPER TOFU 🌶️

15.25

Crisp tofu infused with a spicy pepper flavour.

DEEP FRIED BASA FISH

18.50

Crispy fried basa fish, a delicious appetizer.

CUT-UP CHICKEN

18.85

Tender pieces of chicken, perfect for sharing.

SOUPS

SWEET CORN SOUP (CHICKEN) - SMALL	8.45
Creamy soup made with sweet corn and chicken.	
SWEET CORN SOUP (CHICKEN) - LARGE	13.99
Creamy soup made with sweet corn and chicken.	
HOT AND SOUR SOUP (CHICKEN) - SMALL 🌶️	9.00
Savoury soup blending chicken and shrimp in a harmonious balance of flavours.	
HOT AND SOUR SOUP (CHICKEN) - LARGE 🌶️	14.50
Savoury soup blending chicken and shrimp in a harmonious balance of flavours.	
CHICKEN WONTON SOUP - SMALL	8.50
Delicate wontons filled with chicken in a savory broth.	
SHRIMP WONTON SOUP - LARGE	14.99
Delicate shrimp wrapped in thin wontons served in a savory broth.	
SHRIMP WONTON SOUP - SMALL	9.25
Delicate shrimp wrapped in thin wontons served in a savory broth.	
CHICKEN WONTON SOUP - LARGE	14.50
Delicate wontons filled with chicken in a savory broth.	
HOT AND SOUR SOUP (SHRIMP) - SMALL 🌶️	9.25
Shrimp in a tangy, peppery hot and sour broth. Small bowl.	
HOT AND SOUR SOUP (SHRIMP) - LARGE 🌶️	14.50
Tangy, peppery shrimp soup in a savoury broth, served in a large bowl.	

FRIED RICE

HOUSE FRIED RICE	19.50
Chicken Leg on top with Chicken, Beef & Shrimp.	
SPECIAL CHICKEN FRIED RICE	17.75
Chicken Leg on top of Chicken Fried Rice.	
PEPPER SHRIMP FRIED RICE 🌶️	19.50
Savoury shrimp and peppers mixed with Caribbean spices in a flavorful rice dish.	
CHICKEN FRIED RICE	15.75
Savoury rice dish featuring chicken.	
MYSTIC'S SPECIAL FRIED RICE	20.25
Chicken Leg on top with Chicken, Lamb & Shrimp Fried Rice.	
SHRIMP FRIED RICE	17.95
Savoury shrimp mixed with rice, a Caribbean twist.	
MIXED FRIED RICE	17.50
Chicken, Beef & Shrimp.	
HOUSE SPICY SHORT RIB FRIED RICE 🌶️	20.25
Spicy short ribs mixed with fried rice, a Caribbean twist on a classic dish.	

FRIED RICE

VEGETABLE FRIED RICE	13.75
Mixed vegetables cooked with rice.	
JERK CHICKEN FRIED RICE 🌶️	18.25
Caribbean-style fried rice with jerk seasoned chicken.	
CHICKEN IN THE RUFF FRIED RICE	21.25
Savoury Caribbean-style fried rice with chicken.	
SPECIAL LAMB FRIED RICE	19.25
Chicken Leg on top of Lamb Fried Rice.	
BEEF FRIED RICE	17.75
Savoury beef and rice, Caribbean style.	
PEPPER CHICKEN FRIED RICE 🌶️	19.25
Savoury chicken and peppers in a Caribbean-inspired fried rice dish.	
YEUNG CHOW FRIED RICE	18.25
Chicken & Shrimp.	
PEPPER LAMB FRIED RICE 🌶️	20.25
Savory lamb and peppers blended with aromatic spices in a flavorful rice dish.	

CHOW MEIN

JERK CHICKEN CHOW MEIN 🌶️	19.20
Caribbean-inspired noodles with jerk seasoned chicken.	
CANTONESE CHOW MEIN	20.75
Chicken, Beef, Shrimp, Squid, Crabmeat.	
SPECIAL CHICKEN CHOW MEIN	17.50
Chicken Leg on top with Chicken Chow Mein.	
PEPPER SHRIMP CHOW MEIN 🌶️	20.50
Savoury shrimp and peppers in a Caribbean-inspired stir-fry.	
VEGETABLE CHOW MEIN	15.50
Stir-fried vegetables in a Caribbean-inspired sauce.	
MYSTIC'S SPECIAL CHOW MEIN	20.75
Chicken Leg on top of Chicken, Lamb & Shrimp Fried Rice.	
HOUSE CHOW MEIN	20.50
Chicken Leg on top with Chicken, Beef & Shrimp.	
PEPPER LAMB CHOW MEIN 🌶️	21.50
Tender lamb strips stir-fried with peppers in a Caribbean-inspired sauce.	
MIXED CHOW MEIN	19.15
Chicken, Beef & Shrimp.	
SHRIMP CHOW MEIN	17.50
Stir-fried noodles with shrimp and vegetables.	
HOUSE SPICY SHORT RIB CHOW MEIN 🌶️	20.75
Spicy short ribs served with stir-fried noodles.	
BEEF CHOW MEIN	17.50
Stir-fried beef with noodles and vegetables.	
CHICKEN CHOW MEIN	15.75
Stir-fried noodles with chicken and vegetables.	

LO MEIN

HOUSE LO MEIN	19.75
Chicken Leg on top with Chicken, Beef & Shrimp.	
CHICKEN LO MEIN	17.25
Stir-fried noodles with chicken and vegetables.	
VEGETABLE LO MEIN	16.25
Stir-fried noodles with mixed vegetables.	
JERK CHICKEN LO MEIN 	19.25
Caribbean-inspired noodles with jerk seasoned chicken.	
SPECIAL CHICKEN LO MEIN	18.25
Tender chicken and noodles in a Caribbean-inspired sauce.	
2 CAN DINE - LOBSTER LO MEIN (MINI TRAY)	65.00
Savoury lobster and noodles in a Caribbean-inspired dish.	
MIXED LO MEIN	19.50
Chicken, Beef & Shrimp.	
SHRIMP LO MEIN	17.75
Savoury noodles with shrimp and a hint of Caribbean flair.	
BEEF LO MEIN	17.75
Stir-fried beef with noodles, a Caribbean twist on a classic dish.	

CHEF'S SPECIAL

BLACK PEPPER BEEF 	19.50
This item comes with a side of Rice.	
GENERAL TAO'S CHICKEN	18.95
This item comes with a side of Rice.	
CHILI CHICKEN 	18.95
This item comes with a side of Rice.	
2 CAN DINE LOBSTER DEAL	55.00
Indulge in a decadent lobster dining experience for two.	
PLAIN MIXED VEGETABLES	16.50
This item comes with a side of Rice.	
STIR FRY MIXED VEGETABLES	18.95
This item comes with a side of Rice.	
HOUSE SPICY BEEF SHORT RIBS 	23.50
This item comes with a side of Rice.	
STIR FRY BROCCOLI WITH GARLIC OYSTER SAUCE	18.95
This item comes with a side of Rice.	
SPICY GREEN BEAN (DRY) 	16.75
This item comes with a side of Rice.	
STIR FRY GREEN BEANS	18.95
This item comes with a side of Rice.	
CHILI FISH 	19.25
This idea comes with a side of Rice.	
GENERAL TAO FISH	18.95
Fish smothered in a savoury General Tao sauce.	

SWEET & SOUR

SWEET & SOUR SHRIMP 18.95

Succulent jumbo shrimp paired with sweet pineapple in a tangy sauce.

SWEET & SOUR CHICKEN 18.95

Tender chicken in a sweet and sour sauce with pineapple.

SIDES

CHICKEN FRIED RICE 5.00

Savoury rice dish featuring chicken.

WHITE RICE 5.00

Freshly cooked white rice, served hot.

VEGETABLE FRIED RICE 4.50

Mixed vegetables cooked with rice.

BEVERAGES

GRACE POP 4.25

Traditional Caribbean favorite canned soda.

GINGERALE 3.50

Fizzy, sweet soda with a hint of ginger.

ICE TEA 3.75

Refreshing beverage made with tea leaves.

COCA COLA 3.50

Classic refreshing chilled beverage.

SPRITE 3.50

Crisp lemon-lime carbonated soda.

COKE ZERO 3.50

Zero calorie Coca-Cola flavor.

DIET COKE 3.50

Lighter crisp sugar-free calorie option.

SODA WATER 3.50

Sparkling water with a crisp, refreshing taste.

TONIC WATER 3.50

Carbonated water infused with quinine.

RED BULL 6.50

Energy booster carbonated beverage.

CONDIMENTS

SMALL SIZE PEPPER SAUCE 4.50

Spicy and tangy sauce to add flavour to your meal.

MEDIUM SIZE PEPPER SAUCE 8.50

Spicy and tangy sauce to add flavour to your meal.

MEET US AT MYSTIC

CURRY FISH

Served with dhal and rice.

16.99

BBQ CHICKEN PLATTER

BBQ chicken topped with garlic and BBQ sauce.
Served with fries, salad, and potato salad.

18.99

JERK CHICKEN POUTINE

Jerk chicken poutine with cheese curds, garlic sauce, and house jerk sauce – a Brampton favourite.

14.99

ISLAND STREET EATS

DOUBLES

Classic doubles Brampton – bara, channa, and tamarind sauce.
Authentic Trinidadian street snack.

2.99

TRIPLES

Three-barra doubles-style serving.

3.99

CHICKEN DOUBLES

Doubles with seasoned chicken.

5.99

GOAT DOUBLES

Doubles with curried goat.

5.99

SHRIMP DOUBLES

Doubles with seasoned shrimp.

5.99

SAHEENA

Spinach fritter, Trini street classic.

3.99

SAHEENA WITH CHANNA

Saheena served with seasoned channa.

4.25

ALOOPIE

Fried potato fritter.

3.99

ALOOPIE WITH CHANNA

Alopie served with seasoned channa.

4.25

STUFFED ALOOPIE

Choice of filling: chicken, salmon, beef, or aloo and cheese.

5.49

PHULOURIE (10 PCS)

Seasoned split-pea fritters, ten pieces.

4.25

TRINI CLASSICS

BONELESS CHICKEN	13.99
Served with dhal and rice or roti.	
BONE-IN CHICKEN	12.99
Served with dhal and rice or roti.	
STEW CHICKEN	12.99
Served with dhal and rice or roti.	
BONELESS GOAT	15.99
Served with dhal and rice or roti.	
BONE-IN GOAT	13.99
Served with dhal and rice or roti.	
SHRIMP	15.99
Served with dhal and rice or roti.	
DUCK	15.99
Served with dhal and rice or roti.	

CHEF'S PAIRINGS

CHICKEN & SHRIMP	15.99
Choose any two proteins. Served with dhal and rice or roti.	
CHICKEN & DUCK	15.99
Choose any two proteins. Served with dhal and rice or roti.	
DUCK & SHRIMP	15.99
Choose any two proteins. Served with dhal and rice or roti.	
GOAT & SHRIMP	15.99
Choose any two proteins. Served with dhal and rice or roti.	
GOAT & DUCK	15.99
Choose any two proteins. Served with dhal and rice or roti.	

VEGGIE SELECTIONS

CHOOSE 2 SIDES	13.99
Served with dhal and rice or roti. Side choices: pumpkin, fried aloo, channa and aloo, baigan choka, tomato choka, curry mango, bhagi, callaloo, fried bodi.	
CHOOSE 3 SIDES	13.99
Served with dhal and rice or roti. Side choices: pumpkin, fried aloo, channa and aloo, baigan choka, tomato choka, curry mango, bhagi, callaloo, fried bodi.	
CHOOSE 4 SIDES	14.99
Served with dhal and rice or roti. Side choices: pumpkin, fried aloo, channa and aloo, baigan choka, tomato choka, curry mango, bhagi, callaloo, fried bodi.	

ISLAND FAVOURITES

CHANNA & ALOO	8.99
Seasoned chickpeas and potato.	
CURRY POTATO	8.99
Curried potato side.	

BAKED & BRINED

BAKE & SHRIMP	13.99
Fried bake with seasoned shrimp.	
BAKE & FRIED FISH	13.99
Fried bake with fried fish.	
BAKE & SALTFISH	11.99
Fried bake with saltfish.	
BAKE & BULJOL	12.99
Fried bake with buljol.	
BAKE & TOMATO & SALTFISH	12.99
Fried bake with tomato and saltfish.	

SIDES

MACARONI PIE	7.99
Trini-style baked macaroni pie.	
POTATO SALAD	4.99
Creamy potato salad side.	
EXTRA BBQ SAUCE	0.99
Extra portion of house BBQ sauce.	
SIDE BBQ OR GARLIC SAUCE	2.50
Side portion of BBQ or garlic sauce.	

MEET US
AT
MYSTIC.